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Ways to Amaze!

EARN 15 POINTS BY THE MIDWAY POINT AND WIN A FREE MANICURE!

EARN 30 POINTS BY THE END AND YOU COULD WIN SOMETHING FROM A RANGE OF PRIZES!

WHAT DO I HAVE TO DO TO EARN POINTS ONCE A MEMBER?

- 1) *Collect a tracker card from a member of staff*
- 2) *Workout in club 3 times a week*
- 3) *Weigh and measure 1 time per month*
- 4) *Participate in an in-club initiative*
- 5) *Provide a buddy referral*
- 6) *Bring a friend to workout*
- 7) *Lose weight*
- 8) *Lose inches*

START THE NEW YEAR WITH A NEW CHALLENGE.....AND SEE GUARANTEED RESULTS!!