

CALENDER GIRLS JUNE 2010

Emily Morgan



Emily is a great inspiration to all who know her, and her enthusiasm for “Curves” is infectious. It bubbles over when she talks to you about it, and many of her friends at the Methodist Church in Caldicot have tried it, (like me..can you guess who put you forward Emily?) enjoyed it and have become committed members. She will tell you how much she enjoys it and how energised she feels after each session. Though she has got fitter and lost weight, the main thing is she gets a buzz from each visit, and encourages us, who sometimes are not as well motivated.

Keep it up Em.

From the staff: We love having Emily in for her workouts...always energetic, fun, happy and full of life! She works so hard when she comes in and that why she has lost 20 inches and 9 pounds! Don't change Emily we love you the way you are!

