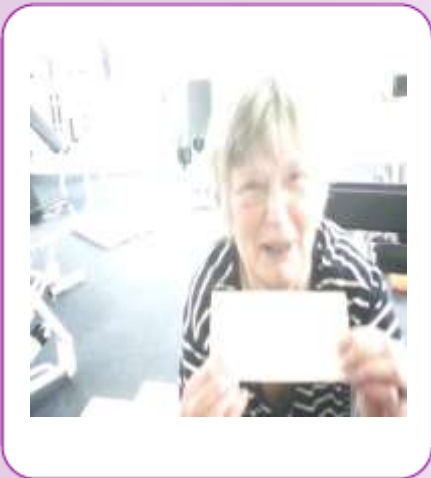


# Curves

**NOVEMBER 2008  
CALENDAR GIRL**



## **CONGRATULATIONS MARY PERRYMAN**

Throughout October, Curves helped raise money for 'Breast Cancer Awareness Month.' However, Mary raised over £100 herself by completing over 80 lengths of her local swimming pool throughout October.

This was a great success as she doubled the amount of lengths that she had set as a target for the month.

Not only did she manage to complete the swimathon, but Mary found time to complete her Curves workout three times a week!

**So well done Mary – You're amazing!**